

CROSSROADS

newsletter

UNKNOWN SOLDIER

ISSUE NO. 43

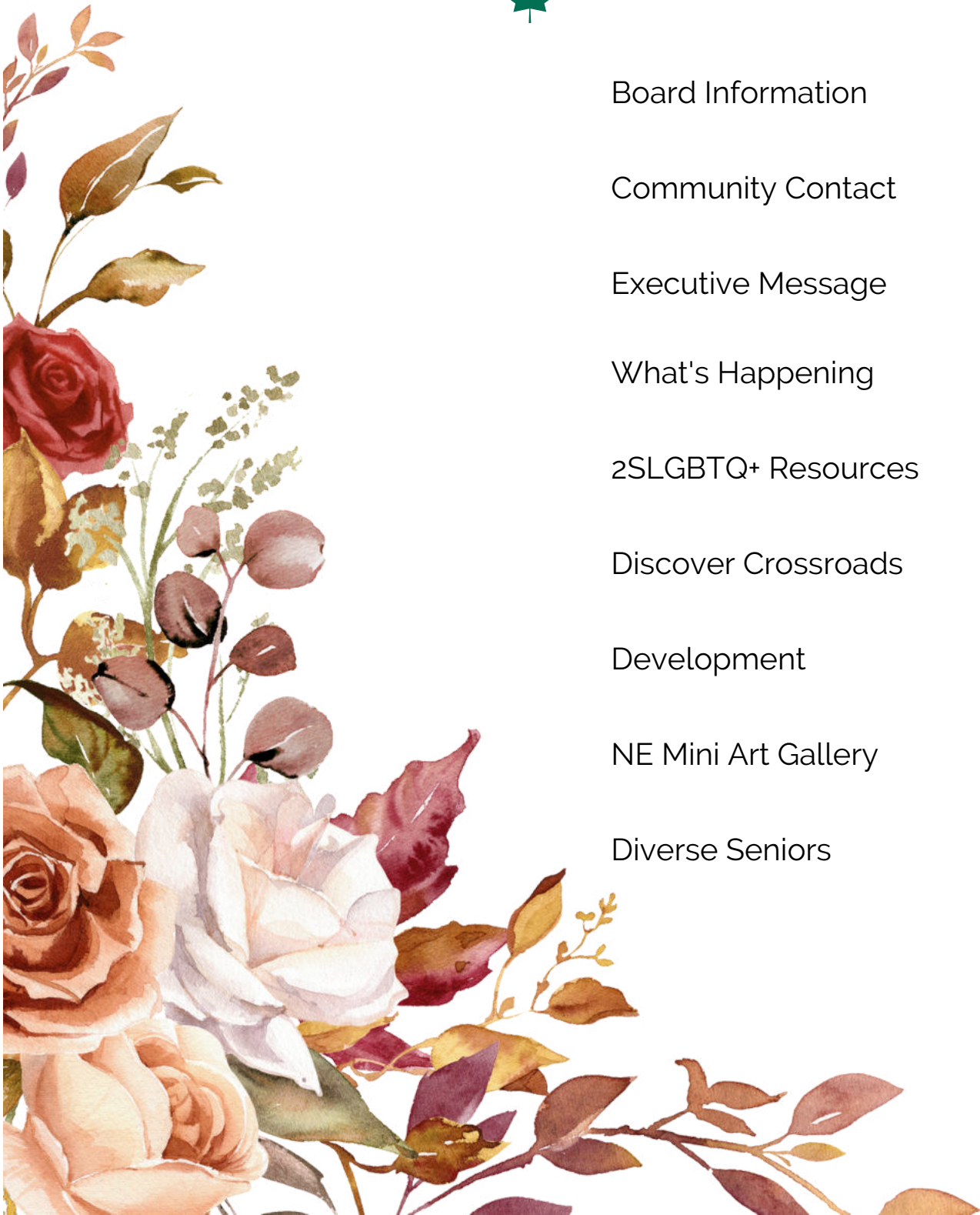


NOVEMBER 2023

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BOARD INFORMATION



EXECUTIVE

President	Ron O'Shea	president@crossroadsyyc.com
Vice President 1	Christine Dreger	vpl@crossroadsyyc.com
Secretary	Bonnie Sham	secretary@crossroadsyyc.com
Treasurer	Ricardo Cosentino	treasurer@crossroadsyyc.com

BOARD OF DIRECTORS

Entertainment	Vacant	events@crossroadsyyc.com
Bingo	Tammy Nelson	bingo@crossroadsyyc.com
Senior Engagement	Vacant	seniors@crossroadsyyc.com
Facilities	Vacant	facilities@crossroadsyyc.com
Planning & Development	Ruth Twigden	development@crossroadsyyc.com
Airport	Brian Vasseur	
Preschool	Vacant	
Director at Large	Trevor Befus	
Director at Large	David Carroll	
Director at Large	Gordon Fenske Gloria Fenske	

CONTACT



COMMITTEES

Garden	Alysha Lederhouse	communitygarden@crossroadsyyc.com
Planning & Development	Ruth Twigden	developmentcommittee@crossroadsyyc.com
Membership	Vacant	membership@crossroadsyyc.com
Casino	Mary Hajdu	casino@crossroadsyyc.com

COMMUNITY RESOURCES

District 4 CRO (Mayland)	Cst. Brad Blied	pol4380@calgarypolice.ca
		403-428-6443
District 5 CRO (Vista)	Cst. Derek Chaloner	dchaloner@calgarypolice.ca
		403-428-6500
Crossroads Block Watch		crossroadsblockwatch.org
		403-276-6203

EXECUTIVE MESSAGE



Hello Crossroads!

We have some exciting updates to share with you! Our pavilion construction is under way, and it's shaping up to be a fantastic addition to our community space. We can't wait for you to see the progress and enjoy the new facility.

In other great news, we're in the process of applying for the Doc Seaman Amateur Sports Grant to help cover the cost of our rink refurbishment project. This grant will play a significant role in ensuring our rink is an inviting space to use all year long.

Additionally, our Divers Seniors program is in full swing and will continue every other weekend until next October. It's an excellent opportunity for our seniors to stay active and engaged in our community.

For more in-depth information and updates, be sure to check out our newsletter. Stay tuned for all the exciting developments happening in our community. We appreciate your continued support and involvement in making our community even better!

Your Crossroads Board

IN THE COMMUNITY



In Flanders Fields

BY JOHN MCCRAE

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*

NOVEMBER

2

General Meeting

11

Remembrance Day

11

Diverse Seniors - Cedar Court

17

Zoolights kicks off!

25

Diverse Seniors - Cedar Court

2SLGBTQ+ RESOURCES

CALGARY OUTLINK

Support, education, outreach, and referrals for the 2SLGBTQIA+ and allied communities
www.calgaryoutlink.ca

YOU MATTER

Non-crisis peer support & resource line
(587) 800-4121 call or text

RAINBOW ELDERS CALGARY

Rainbow Elders Calgary is a volunteer-run, non-profit organization determined to make a significant difference in the lives of 2SLGBTQ+ seniors.
<https://rainbowelderscalgary.ca/>

SKIPPING STONE

Connecting trans and gender diverse youth, adults, and families with comprehensive and low barrier access to the support they need and deserve.
<https://www.skippingstone.ca/>

CALGARY PRIDE

Calgary Pride is a not-for-profit organization that exists to promote equality and celebrate Calgary's diversity.
<https://calgarypride.ca/>

CENTRE FOR SEXUALITY

Centre for Sexuality is a community-based organization delivering programs & services to support healthy sexuality across the lifespan.
<https://www.centreforsexuality.ca/>

END OF THE RAINBOW FOUNDATION

The End of the Rainbow Foundation creates sponsorship circles (groups of five), hosts support groups, and provides education to help LGBTQ+ people settle in their homes and community.
<https://endoftherainbow.ca/>

PFLAG CANADA

Helping Canadians with issues of sexual orientation, gender identity & gender expression.
<https://pflagcanada.ca/alberta/>

DISCOVER CROSSROADS

A new Diverse Seniors 60+ program just launched by a Crossroads volunteer through the Cedar Court Hub program shows solid promise for any senior wanting to connect with others and take part in thriving activities.

“Community Hubs, like Cedar Court, are places to relax, chat, meet up, or work. A Community Hub should feel like home—think of your favourite coffee shop, town square or park that you can take your family or friends to,” says Daniel Kebede, Community Social worker, with the City of Calgary.

Daniel says the Hubs provide residents with a central access point for a range of health and social services—social, cultural, and recreational spaces for a strong and vibrant community. “Each Hub is as unique as the community it services.” The programs are funded by the City.

The Cedar Court Hub is located across from the Crossroads Community Hall in a separate space within the Cedar Court Calgary Housing Complex (1820-14 Ave.NE). Some events are held at the Community Hall.

The first ‘meet & greet’ session of the new 60+ Senior program, held October 14th, had a “very talented, full of wisdom, and great smiling people” said Brijbala Bakhshi, Crossroads volunteer who initiated this Hub program.



Brijbala has been volunteering for more than 20 years and saw a need for seniors living alone who were either new to Canada or those whose families were grown and gone their own way.

continued on next page

DISCOVER CROSSROADS

CONTINUED

“These are valuable seniors who can share their knowledge and wisdom and enjoy many different programs & activities,” she says.

Brijbala has compiled a long list of items that could be undertaken, ranging from arts & crafts to health & wellness discussions and many other identified topics. The program will run every two weeks on a Saturday (from 10:30 am to Noon) until October 2024.

The next meeting is scheduled for November 11. For more information contact Brijbala at (403) 510-6581 or brijbala45@hotmail.com.

The Cedar Court Hub hosts seven programs: Stewardship group, Garden group, Good Food Box, Cooking program, Sewing & Knitting group, Neighborhood Grant Committee and Diverse Seniors 60+.

Although the numbers on the group), enthusiastic now since

“A major towards he says. For



attending are not large (from 3-15 depending Daniel Kebede, the City’s representative, is about their purpose and potential growth Covid-19 restrictions have firmly eased.

objective of all our initiatives is to work social inclusion and capacity building,” more information contact Daniel at (403) 476-4184 or daniel.kebede@calgary.ca.



Registration for 2023/2024 School Year



REGISTRATION IS OPEN!

For more information:
Jenn at 587-582-9087
www.crossroadspreschool.ca

DEVELOPMENT



The Development Committee is finally ready to begin construction for the next phase of the Crossroads Park Project!

The Crossroads Park Pavilion is intended as a space for community gathering. Situated on the crest of a hill within Crossroads Park the structure is designed as a viewing device to enjoy views to the City of Calgary skyline and beyond to the Rocky Mountains. Built from glue-laminated timber the canted columns, beams, and cross-bracing that make up the structure are celebrated and exposed on the exterior of the pavilion while the interior is clad in wood slats to provide shading from the sun. The roof of the pavilion is sloped to mimic the slope of the site and gesture west towards the views. Within the pavilion the existing slope has been manicured to create two gathering areas separated by a bench. The simplicity and honesty of the pavilion will provide a timeless structure that will provide many years of enjoyment to the Crossroads Community.

Over the last year we have been working hard to get this project to this stage, including obtaining funding, acquiring an architect for the design, getting approval from the Board and the City, and selecting contractors. Take a look at the renderings and site plan! We are so excited to have this awesome amenity that our community can take pride in. If you have questions please feel free to email development@crossroadsyyc.com



NORTHEAST OUTDOOR MINI ART GALLERY

The **City of Calgary** has been investing in local artists and beautifying the city. Part of this year's public art initiative was to increase the presence of art in the NE communities of the city as it has been lacking in comparison to the other quadrants. 10 mini galleries have been installed in different NE communities displaying art from chosen local artists.

BIO

Karen Ho Fatt is a Canadian visual artist. She is a graduate of the Faculty of Architecture, University of Manitoba and most recently graduated from the Alberta University of the Arts. She has a number of public art projects in various jurisdictions in Alberta; Edmonton, St Albert Leduc, Red Deer, Calgary and Ontario. Karen knew art was her calling when she painted her first Paint by Number paintings at the age of eight and made her first stone sculpture. Karen lives in the beautiful foothills near the Rocky mountains, which is a constant source of inspiration.

CONCEPT

"PINEAPPLES IN THE MORNING, PINEAPPLES LATE AT NIGHT, PINEAPPLES ALL DAY!"

The Madras (or tartan pattern) as it is known in my native Jamaica and the West Indies, was originally brought to the Caribbean from India by the colonizers. I have been using fabric and fabric motifs as an underlying theme in some of my artworks. This plaid fabric in its many different colourful variations is used by many if not most countries - in one sense, its pattern structure 'ties' many cultures together and speaks of the history of immigration. The sofa with pineapples is a symbolic metaphor for community welcome. The NE is made up of many immigrants, from cultures which are vibrant, colourful and welcoming and I seek to showcase the vibrancy and interconnectedness of the people of the Northeast.



Check out Karen's other work here: [@karenhofattlee](https://www.instagram.com/karenhofattlee) [@dammadstudio](https://www.instagram.com/dammadstudio) www.karenhofatt.com



CROSSROADS SCOUTS

The Mixing Spoon is a **Calgary** based fundraising company providing **brownie, soup, chili, cookie and scone mixes**.

Pouches are \$11 each, \$4 from each item supports **Crossroads 36 BPSA Scout Program.**



THE MIXES

JUST ADD

Chewy Brownie	Butter Eggs Water Vanilla
Grandma's Oatmeal Raisin	Butter Eggs Vanilla
Chippers Cookie	Butter Eggs Vanilla
Ginger Crinkle Cookie	Oil Eggs Molasses
Cranberry Chip Cookie	Butter Egg 
Classic Sugar Cookie 	Butter Egg Milk Vanilla
Lemon Poppyseed Scone	Margarine Eggs Milk
Raspberry Burst Scone	Margarine Eggs Milk
Blissful Blueberry Muffin	Applesauce Butter Egg Milk
Pasta Salad	Oil Lemon Juice Vinegar
Western Chili	Gr Beef Salsa Tomato Sauce
Beefy Macaroni Soup	Ground Beef Stewed Tomato
Minestrone Soup 	Frozen Veg Crushed Tomato
Noodle Soup	Frozen Veg Chicken or Beef
Potato Medley Soup	Milk/Cream Cooked Ham



The Mixing Spoon
\$11

PANTRY STAPLES

- Busy Families
- College Students
- Seniors
- New Cooks

UNIVERSAL GIFTS

- Piano Teacher
- Neighbour
- Hostess
- Bus Driver
- Coach
- Client

WWW.THEMIXINGSPOON.CA

For more information or to order, email
crossroads36group@gmail.com

Thank you for your support!

Order deadline is November 24, 2023



**CROSSROADS
36 BPSA**

SCOUTING

Building youth with courage,
confidence and character, who help
make the world a better place!

SIGN UP

<https://sites.google.com/view/crossroads36scouting>
or call (403)803-3633

Programs for boys and girls aged 5-16.

PROGRAM STARTS IN
SEPTEMBER

MEETINGS AT THE
CROSSROADS
COMMUNITY HALL



The logo for the City of Calgary, featuring the word "Calgary" in white text on a red rectangular background.

DIVERSE SENIORS 60+ PROGRAM

STARTS: SAT. OCTOBER 14TH 10:30 AM - 12:00 PM

RUNS EVERY OTHER SATURDAY UNTIL OCT. 2024

AT CEDAR COURT HUB - 1820 14TH AVE NE

ACTIVITIES

**YOGA
ARTS & CRAFTS
HEALTH & WELLNESS
SPEAKERS**

**NEXT EVENT
NOVEMBER 11**

Contacts

Brijbala Bakhshi: (403) 510-6581

brijbala45@hotmail.com

Daniel Kebede: daniel.kebede@calgary.ca

FUNDED BY THE CITY OF CALGARY NEIGHBOURHOOD GRANT PROGRAM

Looking for financial support for your child's activities?



Did you know you can volunteer for a shift at the Bingo Barn and earn credits to help cover a portion of the fees associated with a variety of activities including recreational sports and other programming.



Each volunteer shift earns a \$40 credit (no cash value) which is on file for two years and is transferrable. Lunch or dinner is also provided!



Email bingo@crossroadsyyc.com for more info!



BINGO CREDIT PROGRAM

Volunteers can earn bingo credits to help cover a portion of the fees associated with a variety of activities including recreational sports and other programming.

Each volunteer Bingo Barn shift earns a **\$40 credit** (no cash value) which is on file for two years and is transferrable. Lunch or dinner is also provided!

WE NEED YOUR HELP!

UPCOMING BINGO DATES

SUNDAY, NOVEMBER 8	4:30 PM (EVENING)
FRIDAY, DECEMBER 8	4:30 PM (EVENING)
FRIDAY, DECEMBER 8	9:00 PM (LATE)
SUNDAY, DECEMBER 17	9:00 PM (LATE)
SUNDAY, DECEMBER 17	9:00 PM (LATE)

For more info or to
volunteer:
bingo@crossroadsyyc.com

GOOD FOOD BOX PROGRAM

What is the Good Food Box?

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at affordable pricing. The Good Food Box program is a hands-up program as opposed to hands-out.



Small Box: \$30
15-20lbs* of fruits and vegetables

Medium Box: \$35
25-30lbs* of fruits and vegetables

Large Box: \$40
35-40lbs* of fruits and vegetables

[**CLICK HERE**](#)

ORDER DEADLINE: November 14
PICK UP DATE: November 24

INTERESTED IN JOINING CALGARY'S COOKING PROGRAM?

Discover the Joy of Cooking Healthy on a Budget!

Cooking healthy meals on a budget is not only possible but can also be a fun and rewarding experience. Join us as we explore budget-friendly recipes, smart shopping tips, and innovative cooking techniques that will transform your culinary skills.

This program is in collaboration with the Community Kitchen of Calgary, aimed at helping you learn how to prepare delicious and nutritious meals without breaking the bank.

November 16 (planning session)
December 7 (planning session)

November 23 (cooking session)
December 14 (cooking session)

OPEN TO ALL AGES AND INCOME LEVELS



To register, please contact Daniel Kebede
The City of Calgary, Neighbourhood Strategies
Email: daniel.kebede@calgary.ca
Phone: 403-476-4184





Yielding to Emergency Vehicles

For everyone's safety, it is important for motorists to understand how to correctly yield right-of-way to emergency vehicles with their lights & sirens activated. You can help EMS, police & fire get to the scene quickly & safely by following these rules of the road.

When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection;
- On a one or two lane road, motorists should move to the right side of the road, slow down, and then stop, remaining parallel with the road. Remember to signal;
- Move right or left to the nearest curb on one-way streets;
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal;
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal;
- Emergency vehicles might use *any* available road space to maneuver. This could include shoulders or turning lanes, etc., in order to safely pass other traffic.

When operating a vehicle:

- Reduce speed to 60 km/h or the posted speed, whichever is lower, when passing any stopped roadside vehicle with flashing lights activated (emergency vehicles, tow trucks, maintenance trucks, etc.). This law applies to the lane immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it's recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light, or making an illegal turn. Actions such as these jeopardize all motorists in the area;
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$300.00 and three demerit points;
- Do not drive within 150 meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150 m is nearly 1.5 times the length of a football field.

LET'S BE

social



[Crossroads Community Page](#)



[Crossroads Community Group](#)



[Crossroads Community Safety Group](#)



[Crossroads Twitter](#)



[Crossroads Instagram](#)



[Crossroads Website](#)