

CROSSROADS

newsletter

ISSUE NO. 37



MAY 2023

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BOARD INFORMATION



EXECUTIVE

President	Ron O'Shea	president@crossroadsyyc.com
Vice President 1	Christine Dreger	vpl@crossroadsyyc.com
Secretary	Bonnie Sham	secretary@crossroadsyyc.com
Treasurer	Ricardo Cosentino	treasurer@crossroadsyyc.com

BOARD OF DIRECTORS

Entertainment	Vacant	events@crossroadsyyc.com
Funding	Vacant	bingo@crossroadsyyc.com
Senior Engagement	Vacant	seniors@crossroadsyyc.com
Facilities	Vacant	facilities@crossroadsyyc.com
Planning & Development	Ruth Twigden	development@crossroadsyyc.com
Airport	Brian Vasseur	
Preschool	Vacant	
Director at Large	Trevor Befus	
Director at Large	David Carroll	
Director at Large	Gordon Fenske Gloria Fenske	

CONTACT



COMMITTEES

Garden	Alysha Lederhouse	communitygarden@crossroadsyyc.com
Planning & Development	Ruth Twigden	developmentcommittee@crossroadsyyc.com
Membership	Wendy Couronne	membership@crossroadsyyc.com

COMMUNITY RESOURCES

District 4 CRO (Mayland)	Cst. Brad Blied	pol4380@calgarypolice.ca
		403-428-6443
District 5 CRO (Vista)	Cst. Derek Chaloner	dchaloner@calgarypolice.ca
		403-428-6500
Crossroads Block Watch		crossroadsblockwatch.org
		403-276-6203

EXECUTIVE MESSAGE



Welcome to May 2023 and another excellent edition of your Crossroads Community Association Newsletter. I would like to introduce myself, Ron O'Shea, as your newly appointed President of the Association for the next year.

I have been living in the community for the past 10 years, but have had connections in the past, as my Son's attended Belfast Elementary for a short time and both boys were involved in the Deerfoot soccer association as well. I did a lot of sideline refereeing and occasional coaching.

As I begin to get my feet wet in this new position, I would like to thank the many, many fellow volunteers both past and present for their unselfish, hard work and dedication over the past years.

We have some new faces and some very valuable people remaining on the executive and board of directors, to help continue the Associations vision.

Volunteering

"to do something for other people or for an organization, willingly and without being forced or paid to do it." (dictionary meaning)

Volunteering

The cornerstone to any and all NOT for PROFIT organizations.

Volunteering

A tough endeavour for many, since the pandemic. "Do I have time"? " What is expected of me"? What skill set must I have"?

All we ask at the Crossroads Community Association is to come out, see how you can help, experience the feeling of contributing and most of all, have fun making our community a better place to live, work and play.

Ron O'Shea
President CCA

IN THE COMMUNITY



MAY MOVIE



MAY

4

CCA General Meeting (BOARD ONLY)

6

CCA Family Movie - Coco

6

Calgary Bike Swap

16

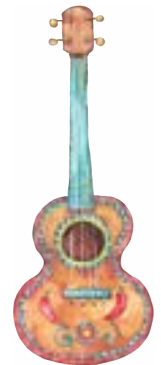
Belfast Kindergarten Open House

27

Crossroads Community Cleanup

27

Prairie Sky Cohousing Garage Sale
403 31 Ave NE 10 - 2





The CCA Annual General Meeting was a success as the Association welcomed in the 2023/2024 Board.

It was a bittersweet as we bid farewell to some of our board members, but it marked a new chapter for the Association.

The AGM was a positive and productive event, and the new Board is ready to lead the community to even greater success in the future.

PRESIDENT	Ron O'Shea	VICE PRESIDENT 1	Christine Dreger
TREASURER	Ricardo Cosentino	SECRETARY	Bonnie Sham
PLANNING & DEVELOPMENT	Ruth Twigden	AIRPORT	Brian Vasseur
DIRECTOR AT LARGE	David Carroll	DIRECTOR AT LARGE	Gord Fenske Gloria Fenske
DIRECTOR AT LARGE	Trevor Befus	GARDEN	Alysha Lederhouse

Thank you!

To the following Community Retailers
who graciously donated Gift Certificates to
the Crossroads AGM and Newsletter Draws last month



DOUBLE TREE
by Hilton™



We encourage you to support these fine Supporters
of your Crossroads Community Association



Registration for 2023/2024 School Year



REGISTRATION IS OPEN!

For more information:
Jenn at 587-582-9087
www.crossroadspreschool.ca

SPRING HAS SPRUNG

AND SO HAS THE GARBAGE

CROSSROADS COMMUNITY CLEANUP
MAY 27 9:00 – 1:00

Volunteers will be at the Crossroads Community Hall (1803 14 Ave NE) from 9:00AM to 11:00AM to hand out gloves, trash bags, and other necessary equipment.

All you need to bring is your enthusiasm and willingness to help!

We're making a clean up map! Email us your locations!

marketing@crossroadsyyc.com



GARDEN BED RENTALS

Crossroads Community Garden

ABOUT THE CROSSROADS COMMUNITY GARDEN

The Crossroads Community Garden features 20 large beds, 4 of which are designed to be accessible for people with walkers or wheelchairs.

HOW MUCH IS THE RENTAL FEE

\$25 per bed, per season, with a volunteer commitment.

WHO CAN RENT A GARDEN BED

Rentals are open to residents of Crossroads (Mayland Heights & Vista Heights). All renters must hold a valid annual Crossroads Community Association membership. Annual memberships can be purchased at www.crossroadsyyc.com

WHEN CAN I BOOK MY BED?

Applications will be open to garden bed alumni starting February 15 and open to Crossroads residents on March 1. Applications for non-residents will open April 1 provided there are garden beds remaining. Beds will be assigned on a first come, first served basis.

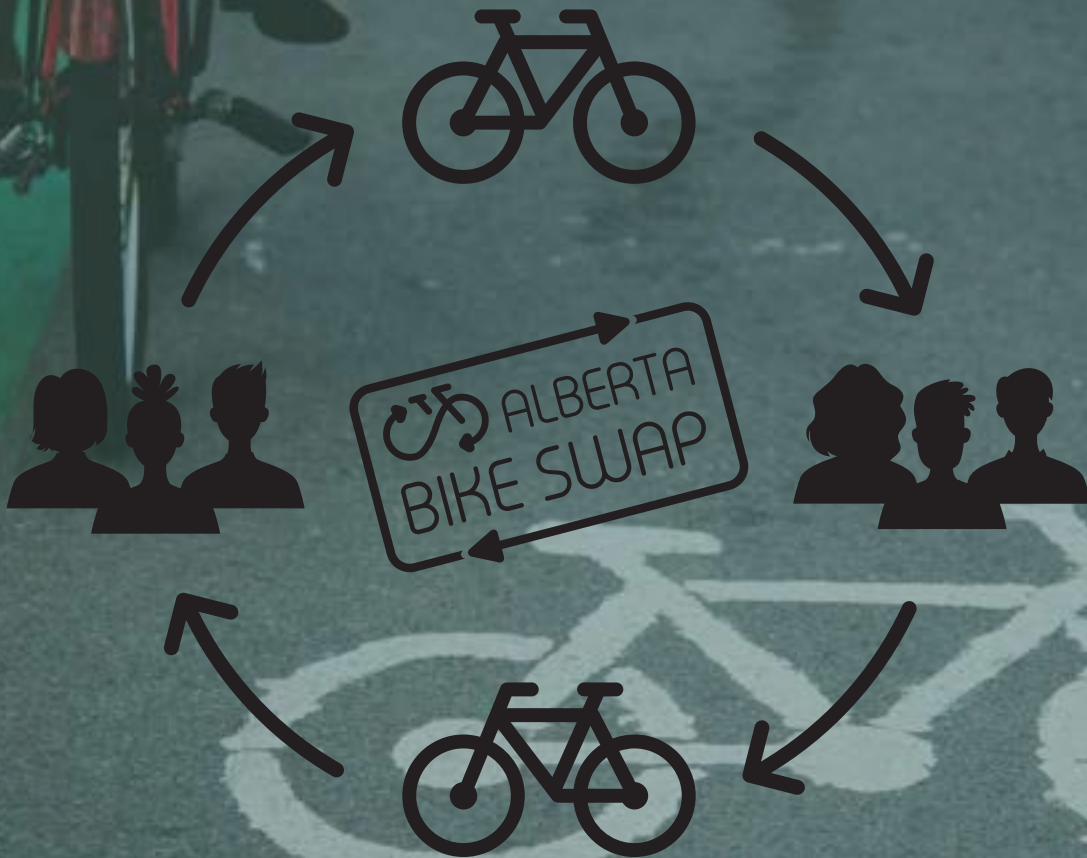
HOW DO I APPLY?

Applications can be submitted online at <https://www.crossroadsyyc.com/community-garden> or in person with payment at the Crossroads Community Association during office hours (9 - 1). Access from south side of the hall.

FOR MORE INFORMATION, PLEASE CALL 403-829-2366 OR VISIT OUR [WEBSITE](http://www.crossroadsyyc.com)

CALGARY

BIKE SWAP



GENESIS CENTRE
7555 Falconridge Blvd NE
May 6, 2023

Consign

0800-1400

Buy

1430-1600

Donate

0800-1700

albertabikeswap.ca

[@albertabikeswap](https://www.instagram.com/albertabikeswap)



 ALBERTA BIKE SWAP



CROSSROADS COMMUNITY ASSOCIATION

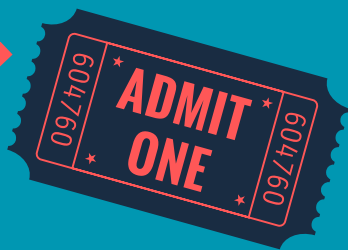
*Upcoming Family
Movie Nights*



DOORS: 6:30

CASH CONCESSION

SHOW: 7:00



cbe.ab.ca

invite

Belfast School Kindergarten Open House May 16, 2023 6:00-7:00 PM

1229 17^a Street NE
Calgary, AB T2E 4V4
t | 403-777-6250



***An evening for
parents and
their future
kindergarten
children!***

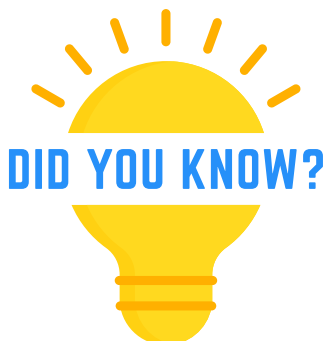
Tour the School & Learn all About Kindergarten!

We invite all prospective kindergarten families to join us for our Kindergarten Open House. The evening will include:

- 1 | A short presentation and overview of what to expect in kindergarten at Belfast School
- 2 | A tour of the current kindergarten classroom
- 3 | Current kindergarten students & parents on site to share their experiences
- 4 | Engaging centres set up for future kindergarten students to enjoy
- 5 | The opportunity to meet staff and ask questions

We look forward to seeing you there!

If you have any questions, or require further information, please contact Meagan Lundgren, Acting Principal, at mllundgren@cbe.ab.ca or at 403-777-6250.



Belfast School is a K-6 school close to your home! We are a lovely, small school with a wonderful sense of community. We accept students in each grade from our designated area, and often have space for out of area students. You can learn more about our school by following us on Instagram @belfastschoolcbe, or by coming in for a school tour. If you are interested in a tour, please call the school at 403-777-6250 and we can set it up. We would love to show you our amazing school!



Do you know your
candidates
in this Provincial election?

Calgary-Klein

Albert Park Radisson Heights, Balmoral, Cambrian Heights,
Collingwood, Crossroads (Vista Heights, Belfast
Mayland Heights) Highland Park, Highwood, Mount View,
North Haven, North Mount Pleasant, Rosemont, Skyline West, Thorncliffe, Tuxedo.

Candidates

Green: Kenneth Drysdale

NDP: Lizette Tejada

UCP: Jeremy Nixon

Calgary-Klein Forum Monday May 8.

Crossroads Community Hall

1803 14 Ave NE 7pm - 9pm



Provincial election

Advance Poll
Tuesday, May 23, to Saturday, May 27

Election Day
Monday May 29, 2023
8am - 8pm

BLOCK WATCH



Chairman's comments

By: Joyce Gardam

Spring is here at last. The robins are back, and my tulips are at least 4" out of the ground in our front yard. The winter wasn't kind either as I have lots to do. At least I got the "poop scooping" done.

My husband Paul, partner and friend passed away on March 16/2023. His funeral was held at the Crossroads Community Church on March 30. He was very happy with everything. Mike Gardam was an inspiration and wonderful helper in bringing everything together at the funeral.

Paul was Vice President of the Calgary Safety Council since the 1980's and wore many hats over these many years. When we bought Pat and Ray Ryan's home on Mayland Drive he also became a Block Captain for Block Watch. He was also on the board for the Crossroads Community Association as Airport Liaison for many years.

He was also a Calgary Policeman for 42-years. A milestone in itself! He always choose to work Halloween and my friends knew that he liked Sweet stuff. He didn't leave the community empty handed. He policed our community for 9 years and undertook the role of a champion with the District 4 Christmas Hamper Program. A police van was used to arrest Block Captains and took their food products for the Salvation Army.

There are so many stories that I could tell but this is a brief moment into his life. 25 years went by very quickly for him and me. I miss his sense of humour, his wisdom, and his communication skills. I don't miss having to clean up his desk!

PLEASE remember to keep your doors including your garage locked when working in the yard. Don't become a victim! It only takes a few seconds to ensure your home is protected. As far as violent crime is concerned, thank god we have a viable program where neighbours know one another and help each other. The police must be thanked for helping Crossroads Block Watch and our entire community over many years.



BLOCK WATCH



A SAD FAREWELL

We are sad to report the recent passing of longtime Block Watch Captain, Gillian Klingvall, a long time resident of Vista Heights who passed away on Sunday, January 1, 2023 at the age of 81.

In addition to her duties with the Block Watch Program, Gillian's volunteerism included The Mustard Seed, Vertigo Lunchbox Theatres and the Crossroads Community Church.

Gillian took pride in her large backyard garden and well maintained front yard.

Thank you Gillian for the many years of community support.

We, in the Block Watch family, Vista Heights and Mayland Heights will miss you very much.

Rest in peace.



BLOCK WATCH



MAYLAND						
Accumulated Annual Crime Stats						
MAYLAND	2018	2019	2020	2021	2022	2023
	111	173	162	150	187	47
Assault (Non-domestic)	4	7	7	5	4	2
Break & Enter - Commercial	21	26	25	26	32	8
Break & Enter - Dwelling	0	0	0	1	0	0
Break & Enter - Other Premises	1	2	0	1	6	0
Commercial Robbery	0	0	0	0	0	0
Physical Disorder	6	22	12	14	19	1
Social Disorder	61	80	99	91	82	27
Street Robbery	2	1	1	0	3	1
Theft FROM Vehicle	11	25	11	7	26	6
Theft OF Vehicle	5	8	5	4	14	1
Violence 'Other' (Non-domestic)	0	2	2	1	1	1

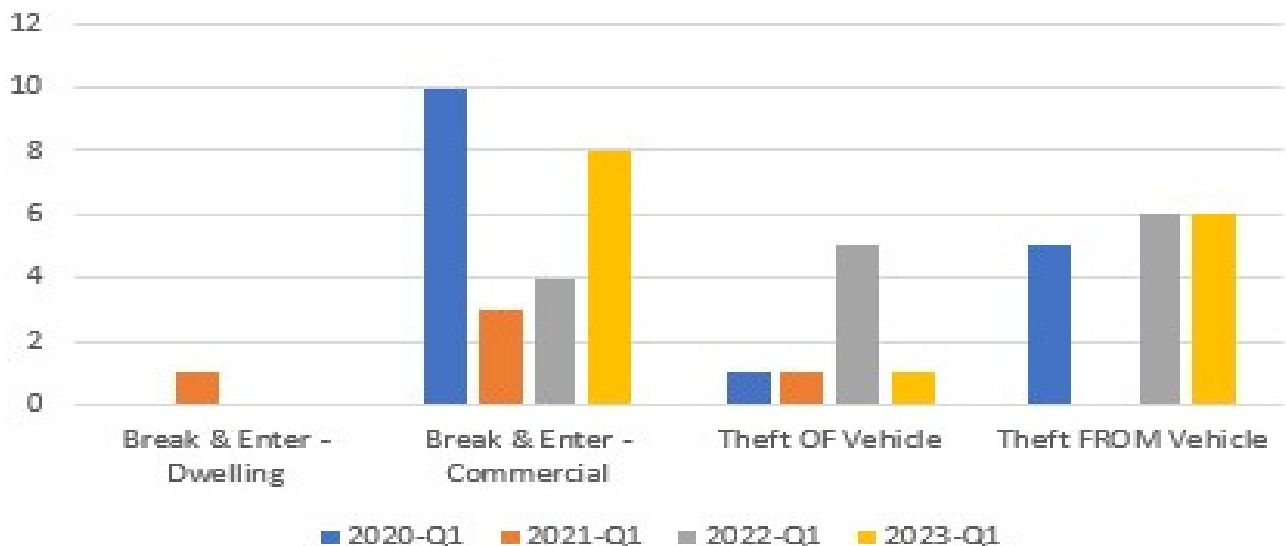
2022/2023 Crime Statistics by month: MAYLAND

Category	2022-03	2022-04	2022-05	2022-06	2022-07	2022-08	2022-09	2022-10	2022-11	2022-12	2023-01	2023-02	2023-03	Total
Assault (Non-domestic)			1						1	2	1	1		6
Commercial Robbery														0
Street Robbery						2							1	3
Violence 'Other' (Non-domestic)			1										1	2
Break & Enter - Dwelling														0
Break & Enter - Commercial	1	6	3	3	2	3	4	3	2	2	3	2	3	37
Break & Enter - Other Premises			1			1	1	1		1				5
Theft OF Vehicle	2	1	2		3			1	2		1			12
Theft FROM Vehicle	3	6	5	2	2	1	3	1			2	3	1	29
Social Disorder	8	9	11	7	8	8	5	4	8	4	9	8	10	99
Physical Disorder	1	1		1	3	2	1	3	3	2			1	18
Totals	15	23	24	13	18	17	14	13	16	11	16	14	17	211

BLOCK WATCH



Quarterly Comparison Q1: MAYLAND



MAYLAND HEIGHTS						
Accumulated Annual Crime Stats						
	2018	2019	2020	2021	2022	2023
	822	935	995	809	725	141
Assault (Non-domestic)	20	20	13	19	11	3
Break & Enter - Commercial	16	11	10	9	17	2
Break & Enter - Dwelling	6	16	11	4	9	2
Break & Enter - Other Premises	22	19	28	13	15	3
Commercial Robbery	4	5	1	1	4	0
Physical Disorder	32	68	71	57	40	4
Social Disorder	553	643	678	595	475	98
Street Robbery	1	3	1	1	3	0
Theft FROM Vehicle	113	99	134	78	76	15
Theft OF Vehicle	48	47	43	26	59	10
Violence 'Other' (Non-domestic)	7	4	5	6	16	4

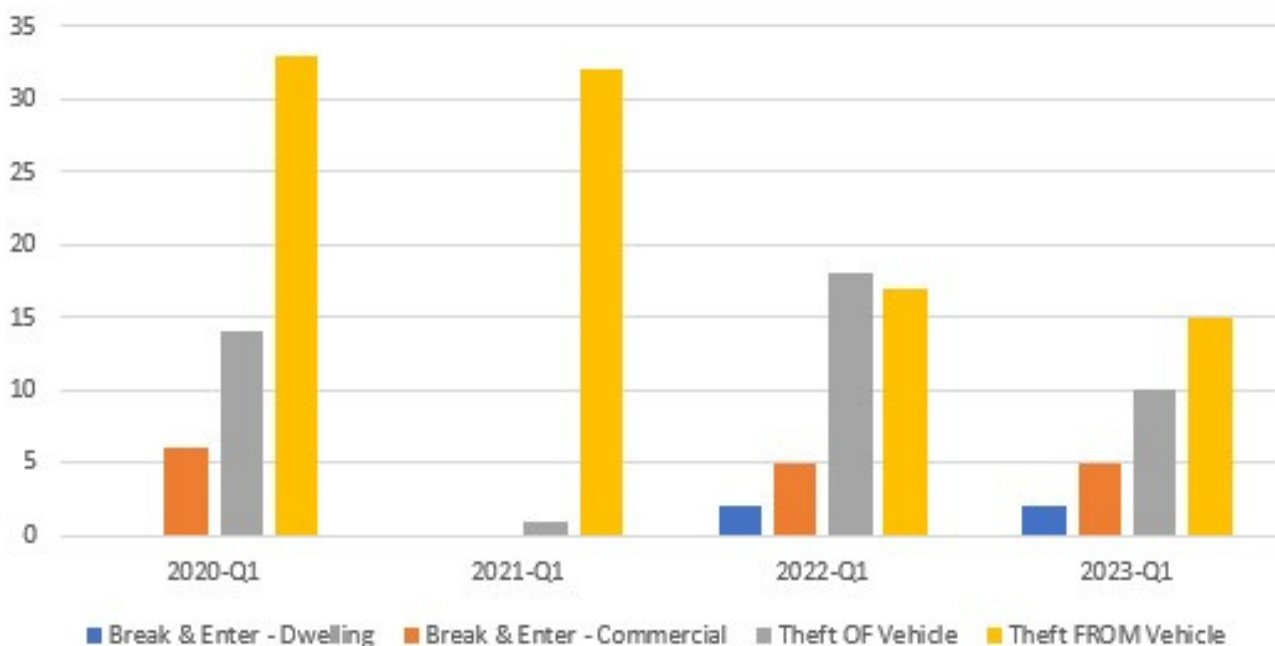
BLOCK WATCH



2022/2023 Crime Statistics by month: MAYLAND HEIGHTS

Category	2022-03	2022-04	2022-05	2022-06	2022-07	2022-08	2022-09	2022-10	2022-11	2022-12	2023-01	2023-02	2023-03	Total
Assault (Non-domestic)	1	1		3		1		2					3	11
Commercial Robbery						2								2
Street Robbery				1				1						2
Violence 'Other' (Non-domestic)			1		5	3	2	2	2	1		2	2	20
Break & Enter - Dwelling			1	2		1	2			1	2			9
Break & Enter - Commercial	1	1	1	1	1	1	3	2	1	1	2			15
Break & Enter - Other Premises	2	2		1		3	3	1		1	1	2		16
Theft OF Vehicle	6	7	2	6	2	4	6	6	3	5	2	3	5	57
Theft FROM Vehicle	7	10	6	10	7	7	6	4	3	6	6	5	4	81
Social Disorder	53	43	31	38	47	46	56	39	31	23	45	27	26	505
Physical Disorder	9	6	3	3	4	2	2			5		1	3	38
Total	79	70	45	65	66	70	80	57	40	43	58	40	43	756

Quarterly Comparison - Q1: MAYLAND HEIGHTS



BLOCK WATCH



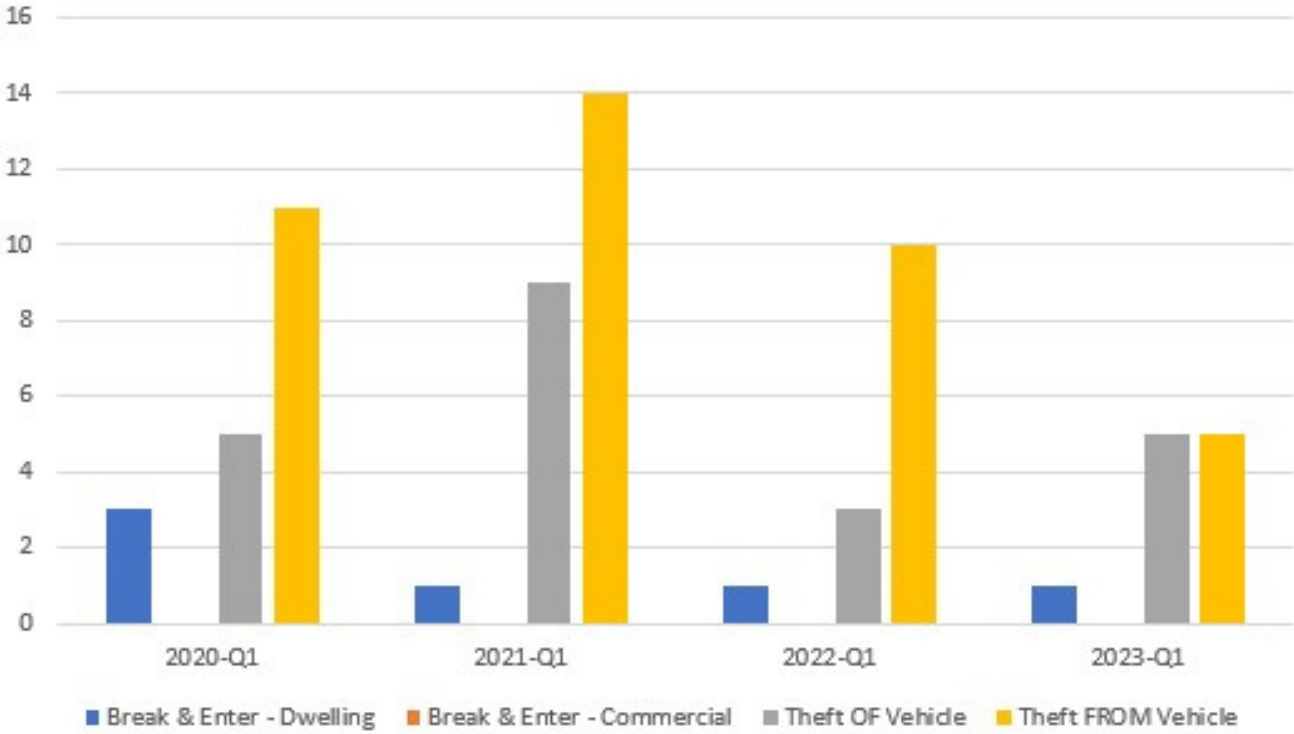
VISTA HEIGHTS						
Accumulated Annual Crime Stats						
	2018	2019	2020	2021	2022	2023
	468	475	694	527	434	97
Assault (Non-domestic)	12	14	26	12	20	6
Break & Enter - Commercial	4	9	3	1	2	1
Break & Enter - Dwelling	6	7	6	3	5	0
Break & Enter - Other Premises	5	6	9	5	3	0
Commercial Robbery	3	0	0	2	1	0
Physical Disorder	12	24	29	27	14	4
Social Disorder	350	358	550	420	322	75
Street Robbery	1	1	4	2	5	0
Theft FROM Vehicle	43	30	43	22	35	5
Theft OF Vehicle	30	22	18	23	21	5
Violence 'Other' (Non-domestic)	2	4	6	10	6	1

2022/2023 Crime Statistics by month: VISTA HEIGHTS														
Category	2022-03	2022-04	2022-05	2022-06	2022-07	2022-08	2022-09	2022-10	2022-11	2022-12	2023-01	2023-02	2023-03	Total
Assault (Non-domestic)	1			1	2	4	3	3	2	2	1	2	3	24
Commercial Robbery														0
Street Robbery				1		1		1	1	1				5
Violence 'Other' (Non-domestic)	1	1	1		1					1	1			6
Break & Enter - Dwelling	1			1	1				1	1				5
Break & Enter - Commercial		1		1								1		3
Break & Enter - Other Premises		2	1											3
Theft OF Vehicle	1	1		2	3	4	4	1	2	1	1	1	3	24
Theft FROM Vehicle	4		3	3	6	5	2	3	1	2	1	2	2	34
Social Disorder	28	23	26	22	37	51	40	23	25	17	22	16	37	367
Physical Disorder		2		2	2	1	2		2	1	1	3		16
Total	36	30	31	33	52	66	51	31	34	26	27	25	45	487

BLOCK WATCH



Quarterly Comparison Q1 - VISTA HEIGHTS



CROSSROADS BLOCK WATCH CASINO

VOLUNTEERS NEEDED

AVAILABLE SHIFTS: 11:00AM to
7:30PM OR 7:00PM to 3:30AM

AVAILABLE POSITIONS: BANKER,
CASHIERS CHIP RUNNERS AND
GENERAL MANAGER

COUNT ROOM SHIFT: 11:00PM to 3:30AM
SIX VOLUNTEERS REQUIRED FOR EACH DAY

The Crossroads Block Watch Board is greatly appreciative of anyone
volunteering their time for this community's benefit.

Remember your **Crossroads Block Watch Casino** provides funding for
the newsletter and other valuable information to you the residents of
Mayland Heights and Vista Heights.

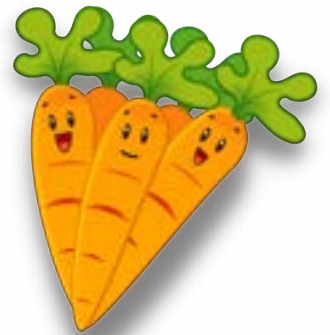
SEPTEMBER 28 & 29
PURE CASINO CALGARY
1420 MERIDIAN RD NE

Any community residents that wish to volunteer for any of these shifts my
contact the following person for more details: Call John Abramchuk at
403-276-6025 or email abe2@shaw.ca to volunteer.

GOOD FOOD BOX PROGRAM

What is the Good Food Box?

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at affordable pricing. The Good Food Box program is a hands-up program as opposed to hands-out.



Small Box: \$25
15-20lbs* of fruits and vegetables

Medium Box: \$30
25-30lbs* of fruits and vegetables

Large Box: \$35
35-40lbs* of fruits and vegetables

[**CLICK HERE**](#)

ORDER DEADLINE: May 2
PICK UP DATE: May 12



Book and Boost

"I want added protection against COVID-19 before spending time with my grandkids." – Dave

Book your COVID-19 booster at alberta.ca/vaccine



OUTDOOR SOCCER

AGES 3-6



Juniors



MAY 1 - JUNE 26 | WEEKDAY EVENINGS 6-7PM

NORTHCALGARYFC.COM/JUNIORS



Do You Have a Drug House in Your Neighbourhood

A message from the Federation of Calgary Communities

Drug houses don't just happen in other neighbourhoods. There are drug houses in all types of neighbourhoods. "Drug houses" are homes that are used for the production of illegal drugs, such as methamphetamines, marijuana, and cocaine. **Due to the hazardous chemicals used and the fire hazards posed, drug houses are a serious threat to the community.**

Drug dealers look for locations where neighbours do not communicate and isolate themselves. This makes it easy to intimidate those neighbours that do notice drug activity. Drug dealers like neighbourhoods that say, "It can't happen here."

How can you identify a drug house in your neighbourhood?

Most drug houses have similar identifying characteristics. **Watch for the following:**

- **Strange Odours.** Smells to be aware of include ammonia, acetone, acid, and solvents.
- **Frequent and Unusual Traffic Flow** – stop, enter, leave. Watch for frequent visits by different cars, at any time of the day or night. Be suspicious of vehicles with obscured or absent license plates. Watch for excessive foot traffic to and from the house or property and loitering in or around the house.
- **Property Alteration.** This includes covering windows and patio doors with items other than curtains or drapes, barricading windows and doors, and disconnecting fire alarms.
- **Bright Interior Lights.** High-intensity 1000-watt lamps are commonly used in the production of methamphetamines and cannabis.
- **Constant Humming Noises** like that of a fan, or a transformer on a hydro pole
- **Tenants Who Own Expensive Items**, especially if they appear to be unemployed. Expensive cars, cell phones, home entertainment systems, etc.
- **Extensive Security Measures**, beyond typical home security. This includes fencing, guard dogs, lookouts, etc.
- **Little Property Maintenance.** Unkempt yard, little to no furniture.
- **Increased Noise and Crimes.** Loud voices, fights, gunfire, radios, especially at night. Increase in crimes like auto burglaries, robbery, vandalism, and assault, as well as active prostitution in or around the neighbourhood.



Do You Have a Drug House in Your Neighbourhood cont.

A message from the Federation of Calgary Communities

Prevention is the best way to stop drug houses!

You can reduce the chance that a drug house moves into your neighbourhood. Meet and get to know your neighbours and your Police Community Liaison Officers. As problems develop in the neighbourhood, work with law enforcement to resolve them quickly.

What should you do if you suspect a drug house in your neighbourhood?

- **Communication is key.** Talk to anyone and everyone: neighbours, the police, the SCAN Unit (Safer Communities and Neighbourhoods), local Crime Stoppers, anyone in the government who can help you get rid of the drug house. You will not solve the problem yourself - the only way to shut down a drug house is through teamwork.
- **Keep records.** Set up a calendar and a log to take down license plate numbers, car color and make of suspicious vehicles, date and time of activity. Record the time and date of incidents surrounding the drug house, such as shots fired, screaming, burglaries, vandalism, etc. Report this information to the police.
- **Be patient.** Police have to work within the law, and so do you. It may take time to gather enough evidence to shut down the drug operation legally,

so don't be discouraged.

Phone numbers to call to report drug house activity:

- **Emergencies: 911**
- **Calgary Police Service: (403) 266-1234**
- **SCAN Unit (Safer Communities and Neighbourhoods): 1 (866) 960-7226**



Alberta

Safer Communities and Neighbourhoods (SCAN)

What is SCAN?

The Safer Communities and Neighbourhoods (SCAN) unit makes communities safer by using civil legislation to target residential and commercial problem properties in rural and urban Alberta where specified illegal activity is occurring regularly. This includes drug activity, prostitution and gang-related crime.

SCAN holds owners accountable for activity taking place on their property and supports landlords by helping them remove problem tenants who disrupt neighbourhoods and destroy property.

A resource for communities across Alberta, the unit initiates investigations based on citizen tips and works in partnership with residents to increase safety.

How does SCAN work?

When a community member reports a problem property to SCAN, the unit will begin an investigation. Once the investigation confirms the activity investigators will contact the property owner to try and solve the problem informally.

If informal efforts are unsuccessful, SCAN can apply to the courts for a Community Safety Order (CSO) that calls for owners to meet a number of conditions, or for the property to be closed for up to 90 days.

SCAN uses civil legislation to target properties, not people. Any criminal activity uncovered when dealing with these properties is turned over to the police to investigate.

What are the signs I can look for in my neighbourhood?

The following are common signs of suspicious or illegal activity. Observing one of the following doesn't always signal illegal activity but if they occur frequently or together, a problem may exist.

Signs to look for include:

- residents that are rarely seen, distant or secretive
- frequent visitors and unusual traffic at any time of the day or night
- people repeatedly visiting the property who only go to the door for short durations

- increased vehicle or foot traffic
 - frequent late-night activity
 - windows blackened or curtains always drawn
 - extensive investment in home security
 - neglected property and yard
 - presence of drug paraphernalia or strange odours coming from the property
 - residents who regularly meet vehicles near the property for short periods of time
- If you are suspicious of a property, do not investigate it yourself or approach the occupants. Contact local police or SCAN.

Is there a property in your community where illegal activities may be occurring? Take action to improve the safety of your community by contacting SCAN.

How do I file a complaint?

Call SCAN toll-free at 1-866-960-SCAN (7226). You can also file a complaint online at alberta.ca/report-suspicious-property.aspx.

If enough evidence exists to support the complaint, SCAN will investigate.

Your information is confidential and safe

No person, including the director, shall, without written consent of the complainant disclose the identity of the complainant to another person, court, public body or law enforcement agency

Accountable and transparent

- speak directly to an analyst
- direct access to an investigator

Benefits of SCAN

- improves community safety
- empowers citizens; complaint-driven process
- targets property, not individuals
- holds property owners accountable for activities on their properties

Phone:1-866-960-SCAN

Online: alberta.ca/report-suspicious-property.aspx

OUTDOOR HORSESHOES

WEDNESDAY'S STARTING APRIL 26 AT 6:30PM
FOREST LAWN LEGION #275
755 40 ST SE

\$5 FOR THREE
GAMES
HANDICAP SYSTEM
WILL BE USED

NO EXPERIENCE
NECESSARY!
HORSESHOES WILL BE
PROVIDED



FOR MORE INFORMATION, CONTACT JOHN
403-276-6025 ABE2@SHAW.CA



BINGO CREDIT PROGRAM

Volunteers can earn bingo credits to help cover a portion of the fees associated with a variety of activities including recreational sports, preschool, and other programming.

Each volunteer Bingo Barn shift earns a **\$40 credit** (no cash value) which is on file for two years and is transferrable. Lunch or dinner is also provided!

WE NEED YOUR HELP!

UPCOMING BINGO DATES

TUESDAY, MAY 16	4:30 PM (EVENING)
FRIDAY, MAY 26	10:30 AM (AFTERNOON)
FRIDAY, JUNE 9	4:30 PM (EVENING)
FRIDAY, JUNE 9	9:00 PM (LATE)

For more info or to **volunteer:**
bingo@crossroadsyyc.com

Yoga Flow

*With Miche Carr,
Certified Hatha and Yin
Instructor.*

Tuesdays 7:00pm-8:00pm

\$12 Drop-in (Cash or Debit)

Crossroads Community Centre

Vista Room (Upstairs)

NO CLASS MAY 2

**Bring a yoga mat, water bottle
and prepare to stretch out and
unwind in a relaxed
atmosphere. All levels are
welcome!**

I can't wait to see you again!

Namaste

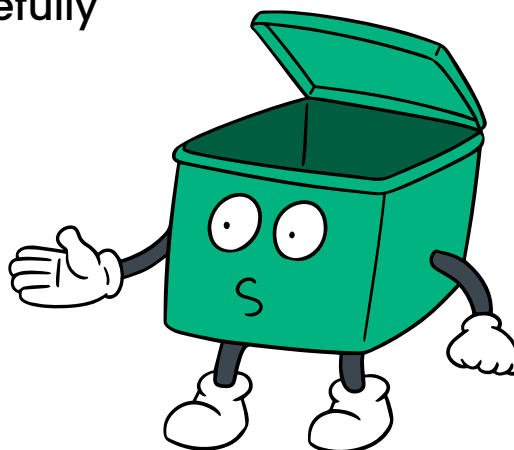
Questions? 

yogawithmiche@shaw.ca



CITY OF CALGARY COMMUNITY CLEANUP

The Crossroads community was not selected for a 2023 City of Calgary community cleanup. We've been fortunate to have been selected for the past two years and hopefully we'll have better luck next year!



Here are some of the nearby communities are offering cleanups:

COMMUNITY	DATE/TIME	LOCATION
FOREST LAWN	MAY 7 9:00 - 2:00	FOREST LAWN COMMUNITY CENTRE
ALBERT PARK RADISSON HEIGHTS	MAY 14 9:00 - 2:00	ALBERT PARK RADISSON HEIGHTS COMMUNITY CENTRE

A full list of cleanups can be found here:

<https://www.calgary.ca/communities/community-cleanups.html>

Park cart smart

When you set out your blue, green and black carts properly, you're helping to ensure safe and efficient operation of The City's waste collection trucks. That includes how you park on the street outside your home, especially in cul-de-sacs. A few simple reminders will help make everyone's day go smoothly:

- Parking in a cul-de-sac: All vehicles must be parallel parked with passenger side wheels to the curb, unless there are signs permitting angle parking. This helps collection trucks reach your carts and turn \ around in a cul-de-sac
- Place your carts on flat ground, one metre away from your vehicle if parked on the street. Improperly parked vehicles block driveways for residents and restrict access for emergency and waste management vehicles.
- Parking in an alley: Do not block the end of a closed alley with parked vehicles. Collection trucks need space to turn around safely.



These simple but important steps help ensure safe and efficient cart collection. Learn more at calgary.ca/cartplacement.



Calgary Transit Introduces Weekend Group Passes

Beginning this April 15, Calgary Transit will be offering a new weekend group day pass for customers.

This new pass is targeted to groups and families traveling together, who don't use transit regularly, but could benefit from discounted transit fares to attend events and activities on weekends. The price of the weekend group day pass is \$15 and it is valid for unlimited travel on a weekend day for groups of up to five people including up to two adults.

"We know that for a lot of families or groups traveling together, the price to get around can really add up," says Councillor Kourtney Penner. "This discounted fare will make it easier for them to choose transit to get where they're going."

The price of this pass offers savings versus the cost if the individuals were to buy single ride tickets or multiple day passes at the regular rates. And unlike a single ride ticket, the group pass is valid all day – until the end of service.

"There's always so much happening in Calgary on weekends and this pass is a great opportunity for groups to save on regular transit costs, or on the cost and hassle of driving, parking and navigating through traffic," Penner says.

After April 15, the weekend group day pass will be available every weekend on My Fare, the Transit trip planning app, or from ticket vending machines at CTrain stations.

Here is the webpage with additional information:

<https://www.calgarytransit.com/content/transit/en/home/news/new-weekend-group-day-pass.html>



With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often-overlooked hazard in the home – access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be mitigated by following safety measures. Take the time to assess potential window and balcony hazards in your home before a preventable fall occurs.

Windows and screens

- Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them;
- Keep drapery cords out of childrens' reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard;
- Remember, screens are not safety devices. They are designed to keep bugs out, not children in.

Balconies

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing;
- Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony, or deck.

Further prevention tips

- Toddlers & preschoolers are at highest risk of falling from a window, or balcony, but it may happen at any age;
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies;
- Install safety devices which limit the distance in which a window be can open to a maximum of 10cm (4 inches);
- Ensure the safety device can be released quickly, so the window can be used for escape in case of emergency.
- Consider purchasing a portable air conditioner, which will enable windows to stay closed & secure.

LET'S BE

social



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[Crossroads Community Group](#)



[Crossroads Community Safety Group](#)



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