CROSSROADS community association newsletter JANUARY 2024

BOARD INFORMATION

EXECUTIVE

President	Ron O'Shea	president@crossroadsyyc.com
Vice President 1	Christine Dreger	vpl@crossroadsyyc.com
Secretary	Bonnie Sham	secretary@crossroadsyyc.com
Treasurer	Ricardo Cosentino	treasurer@crossroadsyyc.com

BOARD OF DIRECTORS

Entertainment	Vacant	events@crossroadsyyc.com
Bingo	Tammy Nelson	bingo@crossroadsyyc.com
Senior Engagement	Vacant	seniors@crossroadsyyc.com
Facilities	Vacant	facilities@crossroadsyyc.com
Planning & Development	Ruth Twigden	development@crossroadsyyc.com
Airport	Brian Vasseur	
Preschool	Vacant	
Director at Large	Trevor Befus	
Director at Large	David Carroll	
Director at Large	Gordon Fenske Gloria Fenske	

CONTACT



COMMITTEES

Garden	Alysha Lederhouse	communitygarden@crossroadsyyc.com
Planning & Development	Ruth Twigden	developmentcommittee@crossroadsyyc. com
Membership	Vacant	membership@crossroadsyyc.com
Casino	Mary Hajdu	casino@crossroadsyyc.com

COMMUNITY RESOURCES

District 4 CRO (Mayland)	Cst. Brad Bliek	pol4380@calgarypolice.ca
		403-428-6443
District 5 CRO (Vista)	Cst. Derek Chaloner	dchaloner@calgarypolice.ca
		403-428-6500
Crossroads Block Watch		crossroadsblockwatch.org
		403-276-6203

EXECUTIVE MESSAGE



Happy New Year! We hope this newsletter finds you well!

Our Senior Christmas Open House on December 20th was a heartwarming success, bringing together generations for an afternoon of laughter & camaraderie. It's was a fantastic opportunity for our seniors to connect & share experiences, fostering a sense of unity in our community. We're hope to host more sessions throughout the year! Thank you to our volunteers who helped set up, serve food & beverages, & provide entertainment.

A special shout out to **DoubleTree by Hilton Calgary North** and **MLA Lizette Tejada** for their generous support of our **Adopt-A-Family** program. Thanks to their contribution, we were able to spread joy & warmth to local families during the holiday season. Community partnerships like these truly make a difference, & we are grateful for the support from our local businesses. Thank you Santa's elves, Ron, David, Bonnie, & Royce!

Mark your calendars for January 22 as the **Ward 10 Town Hall** will be hosted in person at the Crossroads Community Association. This is your chance to engage with Cllr. Chabot, ask questions, & voice your concerns. Your active participation is vital in shaping the future of our community, so don't miss this opportunity to be heard!

Our community rinks are buzzing with activity & we could use a few more helping hands to keep the ice in top condition. If you have some time to spare, consider volunteering - it's a great way to contribute to the community & stay active during the winter months.

Speaking of rinks...We are thrilled to announce that the Crossroads Community Association has been awarded a **\$50,000 Amateur Sports Grant** through Parks Foundation & the Calgary Flames Foundation. This generous grant will be utilized to enhance our rink space at the hall turning it into a year round sport court. We look forward to creating a space that fosters athleticism and community spirit.

As we embark on another year of growth and community building, we invite you to join us in making Crossroads an even better place to live, work, and play. Your support and participation are the cornerstones of our success.

Your Crossroads Board

2SLGBTQ+ RESOURCES

CALGARY OUTLINK

Support, education, outreach, and referrals for the 2SLGBTQIA+ and allied communities <u>www.calgaryoutlink.ca</u>

YOU MATTER

Non-crisis peer support & resource line (587) 800-4121 call or text

RAINBOW ELDERS CALGARY

Rainbow Elders Calgary is a volunteer-run, non-profit organization determined to make a significant difference in the lives of 2SLGBTQ+ seniors. <u>https://rainbowelderscalgary.ca/</u>

SKIPPING STONE

Connecting trans and gender diverse youth, adults, and families with comprehensive and low barrier access to the support they need and deserve. https://www.skippingstone.ca/

CALGARY PRIDE

Calgary Pride is a not-for-profit organization that exists to promote equality and celebrate Calgary's diversity. <u>https://calgarypride.ca/</u>

CENTRE FOR SEXUALITY

Centre for Sexuality is a community-based organization delivering programs & services to support healthy sexuality across the lifespan. <u>https://www.centreforsexuality.ca/</u>

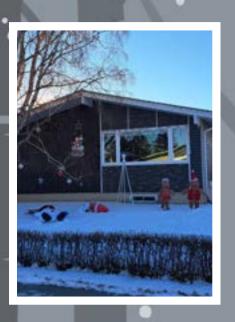
END OF THE RAINBOW FOUNDATION

The End of the Rainbow Foundation creates sponsorship circles (groups of five), hosts support groups, and provides education to help LGBTQ+ people settle in their homes and community. <u>https://endoftherainbow.ca/</u>

PFLAG CANADA

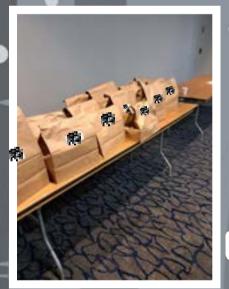
Helping Canadians with issues of sexual orientation, gender identity & gender expression. <u>https://pflagcanada.ca/alberta/</u>

DISCOVER CROSSROADS











Thank you DoubleTree by Hilton Calgary North for supporting our adopt-a-family initiative!



Have a photo. story. or maybe a recipe to share? Send it to marketing@crossroadsyyc.com

FEBRUARY 3, 2024 CROSSROADS COMMUNITY HALL

Keep an eye on

our social media

for more details!

Join us for a fun filled day of winter activities including sleigh rides, hot chocolate, skating, face painting & much, much more!

* ICE RINK VOLUNTEERS NEEDED MAYLAND HEIGHTS & VISTA HEIGHTS

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"Many hands make light work"

CONTACT RON O'SHEA PRESIDENT@CROSSROADSYYC.COM OR 403-277-6201





DIVERSE SENIORS 60+ PROGRAM

RUNS EVERY OTHER SATURDAY UNTIL OCTOBER 2024

CEDAR COURT HUB 1820 14 AVENUE NE

UPCOMING ACTIVITES:

January 6 & 20 Knitting February 3 & 17 Financial Planning/Green Sleeve March 2, 16, 30 Cross Stitch Workshop April 13 & 27 Dreamcatcher Workshop

For more information please contact: Brijbala Bakhshi: brijbala45@hotmail.com OR 403-510-6581 Daniel Kebede: daniel.kebede@calgaryca FUNDED BY THE CITY OF CALGARY NEIGHBORHOOD GRANT PROGRAM



Funded By:

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Immigration, Relugees Immigration, Rélugiés and Citizenship Canada et Citoyenneté Canada

CALGARY WINTER Information Fair

JANUARY 16, 2024

TUESDAY, 9:00 AM TO 3:00 PM

7555 FALCONRIDGE BOULEVARD NORTHEAST COMMUNITY GYM CALGARY, AB T3J 0C9



Join Councillor Andre Chabot

Fostering Healthy Neighbourhoods

CROSSROADS COMMUNITY ASSOCIATION 1803 14 AV NE

6:30 - 8:30 р.м. JANUARY 22, 2024

ward10@calgary.ca

WARD 10

TOWN HALL

403.268.5353

cbe.ab.ca

invite

1229 17A Street NE Calgary, Alberta t | 403-777-6250

Belfast School Kindergarten Open House Wednesday, January 17, 2024 6:30-7:30



An evening for parents and their future kindergarten children!

Tour the School & Learn all About Kindergarten!

We invite all prospective kindergarten families to join us for our Kindergarten Open House. The evening will include:

- 1 | A short presentation and overview of the kindergarten program at Belfast
- 2 | A fun scavenger hunt that will allow you and your child to explore the school

3 | Current kindergarten students & parents available to share their experiences with you

- 4 | Engaging centres in the kindergarten room for your child to explore
- 5 | The opportunity to meet staff and ask questions

If you are unable to make the Open House, you can always reach out to book a school tour. We love having families visit during the day to see what our school is all about!

Kindergarten registration begins online January 15 for all CBE schools. You can learn more about the registration process here and set up your online registration account here.

If you have any questions, or require further information, please contact Meagan Lundgren, Principal, at mllundgren@cbe.ab.ca or call the school at 403-777-6250.

We look forward to seeing you at our Kindergarten Open House!



INTERESTED IN JOINING CALGARY'S COOKING PROGRAM?

Discover the Joy of Cooking Healthy on a Budget!

Cooking healthy meals on a budget is not only possible but can also be a fun and rewarding experience. Join us as we explore budget-friendly recipes, smart shopping tips, and innovative cooking techniques that will transform your culinary skills.

This program is in collaboration with the Community Kitchen of Calgary, aimed at helping you learn how to prepare delicious and nutritious meals without breaking the bank.

OPEN TO ALL AGES AND INCOME LEVELS

January 11 (planning session) February 8 (planning session) March 14 (planning session) April 11 (planning session) May 16 (planning session) June 13 (planning session) January 18 (cooking session) February 15 (cooking session) March 21 (cooking session) April 18 (cooking session) May 23 (cooking session) June 20(cooking session)



To register, please contact Daniel Kebede The City of Calgary, Neighbourhood Strategies Email: daniel.kebede@calgary.ca Phone: 403-476-4184



4-H INTRO CLUBS PRESENTS



Sports, Fitness & Fun with a 4-H Twist!

Get ready to level up your skills and have a blast with our NEW 6-Week 4-H Intro Club! Explore a variety of sports, get a taste of the exciting world of 4-H and become the best version of yourself. Game on!

JAN. 15 - FEB. 26TH

WANT MORE INFO? EMAIL: INTROCLUBS@4HAB.COM

Financial assistance may be available - please contact for information.

MONDAYS

Jan. 15, 22, 29 & Feb. 5, 12, 26 3:45 - 5:45 PM 9 - 18 years old Cost - \$120 @ Genesis Centre





REGISTER: WWW.4HAB.COM/MEMBER-PROGRAMS

Looking for financial support for your child's activities?

Did you know you can volunteer for a shift at the Bingo Barn and earn credits to help cover a portion of the fees associated with a variety of activities including recreational sports and other programming.

Each volunteer shift earns a <u>\$40 credit</u> (no cash value) which is on file for two years and is transferrable. Lunch or dinner is also provided!

Email bingo@crossroadsyyc.com for more info!



Volunteers can earn bingo credits to help cover a portion of the fees associated with a variety of activities including recreational sports and other programming.

Each volunteer Bingo Barn shift earns a **\$40 credit** (no cash value) which is on file for two years and is transferrable. Lunch or dinner is also provided!

WE NEED YOUR HELP!

UPCOMING BINGO DATES

- WEDNESDAY, JANUARY 3 4:30 PM (EVENING)
- THURSDAY, JANUARY 18 4:30 PM (EVENING)
- THURSDAY, JANUARY 18 9:00 PM (LATE VIRTUAL)
- SATURDAY, FEBRUARY 3
- SATURDAY, FEBRUARY 3 S:00 PM (LATE VIRTUAL)

4:30 PM (EVENING)

For more info or to **volunteer:** bingo@crossroadsyyc.com



Family Gala Eveving PRESENTED BY CROSSROADS 36 BPSA SCOUT GROUP

Help us celebrate LORD BADEN POWELL'S BIRTHDAY

PASTA DINNER BIRTHDAY CAKE SILENT AUCTION 50/50 DRAW

ADULTS - \$20 CHILD 12 & UNDER-\$10 02 24 24

Crossroads Community Hall

For more info about this event email: crossroads36group@gmail.com



SCOUTING

Building youth with courage, confidence and character, who help make the world a better place!

SIGN UP

https://sites.google.com/view/crossroads36scouting or call (403)803-3633

Programs for boys and girls aged 5-16.

PROGRAM STARTS IN SEPTEMBER

MEETINGS AT THE CROSSROADS COMMUNITY HALL

GOOD FOOD BOX PROGRAM

What is the Good Food Box?

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at affordable pricing. The Good Food Box program is a hands-up program as opposed to hands-out.







Small Box: \$30 15-20lbs* of fruits and vegetables

Medium Box: \$35 25-30lbs* of fruits and vegetables

Large Box: \$40 35-40lbs* of fruits and vegetables CLICK HERE

ORDER DEADLINE: January 23 PICK UP DATE: February 2

Has someone ever tried to...

Elder abuse

is any action or inaction by self or others that causes harm to the health and well-being of any older adult.

Elder abuse can take several forms including financial, emotional, physical, sexual, medication and neglect.

Any kind of abuse is unacceptable.

Remember, it's not your fault.



- Control your money or actions?
- Force you to sign papers against your will?
- Make you feel unsafe?
- Touch you in ways that you did not want?
- Hurt you physically?
- Deny you food, clothing, medication, medical care or proper shelter?

To report a concern or get help for yourself or someone you know:

- In case of emergency, call 9-1-1
- Calgary Police Service non-emergency line: 403-266-1234

To get information or support:

- Elder Abuse Resource Line: 403-705-3250
- 403-SENIORS: 403-736-4677
- Talk to your family physician or someone you trust



Prepared by the "Coordinated Community Response to Elder Abuse" Action Team with Age-Friendly Calgary. Alberta Health Services, Calgary Catholic Immigration Society, Calgary Chinese Elderly Citizens' Association, Calgary Legal Guidance, Calgary Police Service, Calgary Seniors' Resource Society, Carya, City of Calgary, Diocese of Calgary, Distress Centre Calgary, HomeFront Calgary, Immigrant Services Calgary, Jewish Family Service Calgary, Kerby Centre, and University of Calgary.

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Crossroads Community Group



Crossroads Community Safety Group

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Crossroads Twitter



Crossroads Instagram



Crossroads Website