CROSSROADS newsletter



CONTENTS





Board Information	2
Community Contact	3
Executive Message	4
What's Happening	5
CCA AGM	7
Preschool Fundraiser	S
Scouts	11
Movie Night Schedule	13
Preschool Registration	19
Cornerstone	24
City of Calgary Updates	26

BOARD INFORMATION



EXECUTIVE

President	Vacant	president@crossroadsyyc.com
Vice President 1	Christine Dreger	vpl@crossroadsyyc.com
Secretary	Melissa Senek	secretary@crossroadsyyc.com
Treasurer	Ricardo Cosentino	treasurer@crossroadsyyc.com

BOARD OF DIRECTORS

Entertainment	Caitlin Dillman	events@crossroadsyyc.com
Funding	Nancy Harris	bingo@crossroadsyyc.com
Senior Engagement	Dale Dueck	seniors@crossroadsyyc.com
Facilities	Ron O'Shea	facilities@crossroadsyyc.com
Planning & Development	Ruth Twigden	development@crossroadsyyc.com
Airport	Brian Vasseur	brian@brianvasseur.com
Preschool	Robin Pommier	
Director at Large	Wayne Stretch Doreen Stretch	
Director at Large	David Carroll	
Director at Large	Gordon Fenske Gloria Fenske	

CONTACT



COMMITTEES

Garden	Alysha Lederhouse	communitygarden@crossroadsyyc.com
Planning & Development	Ruth Twigden	developmentcommittee@crossroadsyyc.com
Entertainment	Caitlin Dillman	events@crossroadsyyc.com
Membership	Wendy Couronne	membership@crossroadsyyc.com

COMMUNITY RESOURCES

District 4 CRO (Mayland)	Cst. Brad Bliek	pol4380@calgarypolice.ca
		403-428-6443
District 5 CRO (Vista)	Cst. Derek Chaloner	dchaloner@calgarypolice.ca
		403-428-6500
Crossroads Block Watch		crossroadsblockwatch.org
		403-276-6203

EXECUTIVE MESSAGE



Hello Crossroads!

We would like to remind everyone that our **Annual General Meeting** (AGM) is scheduled for April 27, 2023 This is an important event where we will review the accomplishments of the past year and discuss plans for the future. We encourage all members to attend and participate.

The next **Movie Night** is scheduled for April 22 at the community hall. We'll be showing Peter Rabbit 2. This will be a great chance for us to come together and enjoy a fun movie with our neighbors. Admission and popcorn are FREE.

Finally, we are looking for community members to coordinate a **community** wide cleanup event in May or June. This is an opportunity for us to work together to keep our community clean and beautiful.

We hope to see you all at these events and look forward to spending time together as a community.

Happy Easter! Crossroads Board



IN THE COMMUNITY





APRIL

6

CCA General Meeting

10 - 30

Cornerstone Community Crawl

22

CCA Family Movie Night - Peter Rabbit 2

27

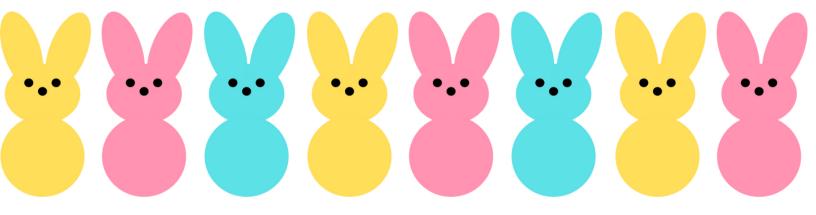
Crossroads Community Association Annual General Meeting

28 - May 1

City Nature Challenge

29

Crossroads Community Preschool Death by Champagne Fundraiser





We've hidden 6 Easter eggs in this newsletter.

To enter: Find all six eggs and email marketing@crossroadsyyc.com with the page numbers and your first and last name.

All correct entries will be placed into a random draw for a tasty prize.

DEADLINE: April 7, 2023 6:00PM Winner will be contacted via email with their name published on social media & in the May newsletter.

Open to residents of Vista Heights & Mayland Heights







ANNUAL GENERAL MEETING

APRIL 27 7:00 PM

The **2023/2024 AGM** is April 27 at 7:00 PM via Teams & at the Crossroads Community
Association. In order to **vote** or **join** the board, you must hold a **CCA membership** at least 21 days in advance of the AGM. The full bylaws can be found on our **website**.

GARDEN BED RENTALS

Crossroads Community Garden

ABOUT THE CROSSROADS COMMUNITY GARDEN

The Crossroads Community Garden features 20 large beds, 4 of which are designed to be accessible for people with walkers or wheelchairs.

HOW MUCH IS THE RENTAL FEE

\$25 per bed, per season, with a volunteer committment.

WHO CAN RENT A GARDEN BED

Rentals are open to residents of Crossroads (Mayland Heights & Vista Heights). All renters must hold a valid annual Crossroads Community Association membership. Annual memberships can be purchased at www.crossroadsyyc.com

WHEN CAN I BOOK MY BED?

Applications will be open to garden bed alumni starting February 15 and open to Crossroads residents on March 1.

Applications for non-residents will open April 1 provided there are garden beds remaining. Beds will be assigned on a first come, first served basis.

HOW DO I APPLY?

Applications can be submitted online at https://www.crossroadsyyc.com/community-garden or in person with payment at the Crossroads Community Association during office hours (9 - 1). Access from south side of the hall.









CROSSROADS PRESCHOOL PRESENTS

DEATH BY CHAMPAGNE

GIRLS NIGHT OUT MASQUERADE

SATURDAY, APRIL 29, 2023 DOORS OPEN AT 6:30PM

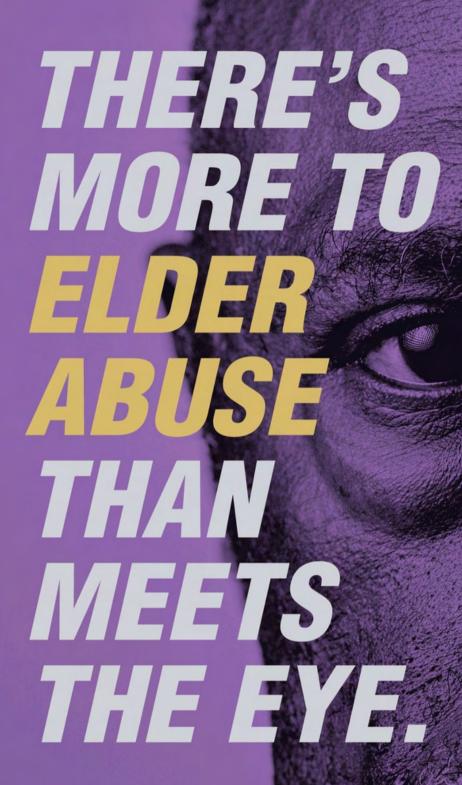
> CROSSROADS COMMUNITY HALL 1803 14 AVE NE

TICKETS \$30.00 EACH OR \$220.00 FOR A TABLE OF 8
PURCHASE TICKETS AT CROSSROADSYYC.COM
(Members and invited guests only)

FOOD · ENTERTAINMENT · MUSIC · AUCTION

ALL PROCEEDS GO DIRECTLY TO THE PRESCHOOL

THANK YOU FOR YOUR SUPPORT



It's not always easy to spot the impact of elder abuse. Nearly one in 10 Alberta seniors is the victim of physical, mental or sexual abuse, financial exploitation or neglect. Make sure you know the signs and how to stop it.

Learn more. Alberta.ca/ElderAbuseHappens

Albertan



CROSSROADS SCOUTS in action













Wanna join the fun?

Email for more

information!

crossroads36timberwolf@gmail.com

SPRING HAS SPRUNG AND SO HAS THE GARBAGE

We're looking for volunteers to take on the coordination of a community-wide cleanup.
This would be a great fit for a family, a couple, or a community group (Guides, Scouts, etc.).

Duties include:

- Choosing a Saturday morning for the clean up
- Picking up coffee/donuts the day of the event
- Setting up outside of the community hall
- Providing volunteers with tools (garbage bags & gloves) and packable snacks
- Providing information regarding garbage pick up (location suggestions, where to put full bags, etc)

To volunteer or for more information, please email: Executive@crossroadsyyc.com









CROSSROADS COMMUNITY ASSOCIATION

Upcoming Family Movie Nights



DOORS: 6:30 SHOW: 7:00 CASH CONCESSION







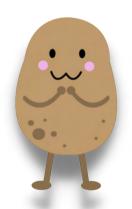




What is the Good Food Box?

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at affordable pricing. The Good Food Box program is a hands-up program as opposed to hands-out.







Small Box: \$25

15-20lbs* of fruits and vegetables

Medium Box: \$30

25-30lbs* of fruits and vegetables

Large Box: \$35

35-40lbs* of fruits and vegetables



ORDER DEADLINE: April 11
PICK UP DATE: April 21

The Centre for Newcomers is in need of host homes for Ukrainian evacuees in Calgary for temporary accommodation. As the war in Ukraine continues, the pressure for housing also continues. A huge wave of arrivals has started this month.

If you can host a Ukrainian family (temporarily up to 1 month) at your home, please register your home at https://refugeeshousedhere.ca/

Or, contact Nataliia Shen: n.shen@centrefornewcomers.ca

We need 1-month accommodation in homestay.

There is a need for host homes with separate rooms for sleeping and furniture for sleeping, access to a bathroom, and a kitchen. Host homes are not obliged to provide rent, food and other things, however, additional utility cost could be covered by Ukrainian evacuees.

CFN will take care of all settlement questions for Ukrainian families, so host homes do not need to worry about this.











The 2023/2024 AGM is approaching and we need to fill several positions with community members like YOU!

All director positions are available in addition to the following Executive roles:

SECRETARY

PRESIDENT

VICE PRESIDENT

VICE PRESIDENT 2

DIRECTOR ROLES

- Marketing
- Airport Activities
- Garden
- Funding

- Facilities
- Entertainment
- Senior Engagement
- Planning & Development

For more information, contact executive@crossroadsyyc.com

CROSSROADS BLOCK WATCH CASINO

VOLUNTEERS NEEDED

AVAILABLE SHIFTS: 11:00AM to 7:30PM OR 7:00PM to 3:30AM

AVAILABLE POSITIONS: BANKER, CASHIERS CHIP RUNNERS AND GENERAL MANAGER

COUNT ROOM SHIFT: 11:00PM to 3:30AM SIX VOLUNTEERS REQUIRED FOR EACH DAY

The Crossroads Block Watch Board is greatly appreciative of anyone volunteering their time for this community's benefit.

Remember your **Crossroads Block Watch Casino** provides funding for the newsletter and other valuable information to you the residents of Mayland Heights and Vista Heights.



Any community residents that wish to volunteer for any of these shifts my contact the following person for more details: Call John Abramchuk at 403-276-6025 or email abe2@shaw.ca to volunteer.

OUTDOOR SOCCER



MAY 1 - JUNE 26 | WEEKDAY EVENINGS 6-7PM

NORTHCALGARYFC.COM/JUNIORS



Registration for 2023/2024 School Year





In person registration for current families of Crossroads Community Preschool:

March 2 11:15 - 12:15

In person registration for past families of the preschool and those families of Vista Heights and Mayland Heights:

March 14 11:15 - 12:15

Registration opens to the general public:

March 21

Registration packages can be dropped off in the mailbox outside the preschool.

First come, first served.

For more information: www.crossroadspreschool.ca Jenn at 587-582-9087

CROSSROADS

Mayland Heights & Vista Heights

REAL ESTATE SALES

from January 1st to March 30th 2023

Style	Number Sold	Median price
Apartments	6	\$184,200
Detached Homes	CIATIO	\$521,250
Full Duplexes	1	\$705,000
Townhouses	8	\$235,000
1/2 Duplexes	4	\$398,000



Information Compliments of:



Ron O'Shea

Licensed Realtor® www.ronoshea.ca rankmyagent.comronoshea



Safer Communities and Neighbourhoods (SCAN)

What is SCAN?

The Safer Communities and Neighbourhoods (SCAN) unit makes communities safer by using civil legislation to target residential and commercial problem properties in rural and urban Alberta where specified illegal activity is occurring regularly. This includes drug activity, prostitution and gangrelated crime.

SCAN holds owners accountable for activity taking place on their property and supports landlords by helping them remove problem tenants who disrupt neighbourhoods and destroy property.

A resource for communities across Alberta, the unit initiates investigations based on citizen tips and works in partnership with residents to increase safety.

How does SCAN work?

When a community member reports a problem property to SCAN, the unit will begin an investigation. Once the investigation confirms the activity investigators will contact the property owner to try and solve the problem informally.

If informal efforts are unsuccessful, SCAN can apply to the courts for a Community Safety Order (CSO) that calls for owners to meet a number of conditions, or for the property to be closed for up to 90 days.

SCAN uses civil legislation to target properties, not people. Any criminal activity uncovered when dealing with these properties is turned over to the police to investigate.

What are the signs I can look for in my neighbourhood?

The following are common signs of suspicious or illegal activity. Observing one of the following doesn't always signal illegal activity but if they occur frequently or together, a problem may exist.

Signs to look for include:

residents that are rarely seen, distant or secretive frequent visitors and unusual traffic at any time of the day or night

people repeatedly visiting the property who only go to the door for short durations

increased vehicle or foot traffic frequent late-night activity windows blackened or curtains always drawn extensive investment in home security neglected property and yard

presence of drug paraphernalia or strange odours coming from the property $% \left(1\right) =\left(1\right) \left(1\right) +\left(1\right) \left(1\right) \left(1\right) +\left(1\right) \left(1\right$

residents who regularly meet vehicles near the property for short periods of time

If you are suspicious of a property, do not investigate it yourself or approach the occupants. Contact local police or SCAN.

Is there a property in your community where illegal activities may be occurring? Take action to improve the safety of your community by contacting SCAN.

How do I file a complaint?

Call SCAN toll-free at 1-866-960-SCAN (7226). You can also file a complaint online at alberta.ca/report-suspicious-property.aspx.

If enough evidence exists to support the complaint, SCAN will investigate.



Your information is confidental and safe

No person, including the director, shall, without written consent of the complainant disclose the identity of the complainant to another person, court, public body or law enforcement agency



Accountable and transparent

- · speak directly to an analyst
- · direct access to an investigator



Benefits of SCAN

- · improves community safety
- empowers citizens; complaint-driven process
- · targets property, not individuals
- holds property owners accountable for activities on their properties

Phone:1-866-960-SCAN

Online: alberta.ca/report-suspicious-property.aspx

Classification: Protected A



Change her world and your own. Volunteer opportunities with Girl Guides

Volunteering with Girl Guides is:

Fun – you'll share lots of laughter and new experiences.

Rewarding – cheer girls on and watch their confidence grow.

Life-changing – develop skills such as communication, event planning and leadership.

Unforgettable – connect with women leaders in your community and around the world.

Volunteers support girls ages 5-17 as they:

Develop skills and confidence that will last a lifetime.

Make new friends and have fun adventures in a safe, supportive environment.

Discover they can achieve more than they ever imagined.

Realize they can make a difference in the world.

Along the way, you'll meet amazing women in your community and have tons of FUN, too!

www.girlguides.ca



Volunteers can earn bingo credits to help cover a portion of the fees associated with a variety of activities including recreational sports, preschool, and other programming.

Each volunteer Bingo Barn shift earns a **\$40 credit** (no cash value) which is on file for two years and is transferrable. Lunch or dinner is also provided!

WE NEED YOUR HELP!

For more info or to **volunteer:** bingo@crossroadsyyc.com

UPCOMING BINGO DATES

SUNDAY APRIL 16

10:30 AM (AFTERNOON)

FRIDAY, APRIL 21

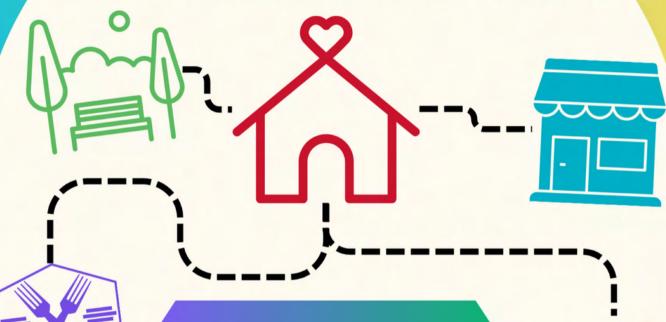
10:30 AM (AFTERNOON)

Only 30 Spots available!

Cornerstone

Three Grand Prizes to be Won!

COMMUNITY CRAWL



Participate in Cornerstones first ever self-directed community scavenger hunt!

Event will run from April 10–30, 2023.

Spots are limited, to reserve a spot or for any inquiries please email

Ornerstone

Nina@cyccalgary.com



Yoga Flow

With Miche Carr, Certified Hatha and Yin Instructor.

Tuesdays 7:00pm-8:00pm

\$12 Drop-in (Cash or Debit)
Crossroads Community Centre
Vista Room (Upstairs)

Bring a yoga mat, water bottle and prepare to stretch out and unwind in a relaxed atmosphere. All levels are welcome!

I can't wait to see you again!

Namaste

Questions?



yogawithmiche@shaw.ca



CITY OF CALGARY COMMUNITY CLEANUP

The Crossroads community was not selected for a 2023 City of Calgary community cleanup. We've been fortunate to have been selected for the past two years and hopefully we'll have better luck next year!

Here are some of the nearby communities are offering cleanups:

COMMUNITY	DATE/TIME	LOCATION
BRIDGELAND/RIVERSIDE	APRIL 29 9:00 - 1:30	REHABILITATION SOCIETY
FOREST LAWN	MAY 7 9:00 - 2:00	FOREST LAWN COMMUNITY CENTRE
ALBERT PARK RADISSON HEIGHTS	MAY 14 9:00 - 2:00	ALBERT PARK RADISSON HEIGHTS COMMUNITY CENTRE

A full list of cleanups can be found here: https://www.calgary.ca/communities/community-cleanups.html



Are you Interested to join Calgary's Cooking program?

A program that is specifically designed to help others learn to cook healthy meals on a budget. It is not only a program that allows everyone to plan, and prepare healthy and budget friendly meals for themselves, and their families, but also recognizes and supports the connection between healthy food and positive mental health.

In collaboration with the **Community Kitchen Program of Calgary** plans are underway to run the program in Crossroads!!

If you are interested to join the group, please contact Daniel Kebede at The City of Calgary, Neighbourhood Strategies.

Email: daniel.kebede@calgary.ca

Phone: 403-476-4184









Weekly green cart returns end of April.

Weekly green cart pickup returns the last week of April.

Check your schedule at <u>calgary.ca/collection</u> and sign up for reminders, including email, phone, or download the **Calgary Garbage Day** app.

As you clean up the yard, fill your green cart first, then put extra yard waste in paper yard waste bags. Roll the tops of the bags closed and set them **at least**

two feet to the side of your green cart for collection.

Compost giveaways

Compost will be available for pickup by online appointment from April 24 to June 10. Appointment bookings will be available on calgary.ca/compost starting April 10.





Emergency Medical Services

Bicycle Helmet Safety



Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. It is the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

Getting informed

- Wearing a helmet while cycling can prevent significant injury, or even save a life;
- Brain injuries can cause permanent disability or death;
- Reduce your risk by always wearing your helmet;
- Replace any helmet that has been involved in a crash, even if it appears undamaged.

Getting started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them;
- Start the habit early. Young children learning to ride need to wear helmets;
- Parents can lead by example always wear a helmet when cycling.

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash;
- When worn properly, helmets should fit level, not tilted up, or down over the forehead;
- Helmets should feel snug, but not too tight. To assess the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened;
- Adjust the chin straps to form a "Y" below and slightly forward from the ears;
- Only one finger should be able to fit under the chin strap when it fastened;
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort, and safety.

www.albertahealthservices.ca

- <u>Crossroads Community Page</u>
- Crossroads Community Group
- <u>Crossroads Community Safety Group</u>
- <u>Crossroads Twitter</u>
- Crossroads Instagram
- Crossroads Website